**Donor Portal**

The donor portal is a convenient way for you to locate our donor centers and community blood drives, manage current and future appointments and review your donation history.

The portal is a great way to overview your lifetime contribution to saving lives. It’s easy to register and access from your computer or mobile device; simply follow the prompts.

Visit www.nybc.org/donate-blood or call 1.800.933.2566 to learn more.

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**Bloodstock® Program**

As part of our Bloodstock® Program, earn a scholarship for organizing a community blood drive.

Students who exhibit leadership and community service in the organization of a community blood drive can earn up to a $500 scholarship. Planning a blood drive is fun and easy. Invite your friends, family, teachers and neighbors. To learn more, visit www.nybc.org or call 1.800.933.2566.

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**TEMPORARY REASONS**

<table>
<thead>
<tr>
<th>Condition</th>
<th>Length of time before you can give blood</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever</td>
<td>When symptoms are gone</td>
</tr>
<tr>
<td>Common cold, sore throat, respiratory infection, flu</td>
<td>Until symptoms are gone</td>
</tr>
<tr>
<td>Travel to an area of the world where malaria is prevalent</td>
<td>12 months after return</td>
</tr>
<tr>
<td>Other conditions (such as cuts, injuries, wounds, etc.)</td>
<td>As long as healing is complete</td>
</tr>
</tbody>
</table>

**PERMANENT REASONS**

Please do not give blood if you:

1. Have used illegal drugs with a needle, even once
2. Are a hemophiliac
3. Have ever had a positive test for HIV (AIDS virus)
4. Are a person who has ever received money or drugs for sex
5. Have had babesiosis
6. Have taken Tegison for psoriasis
7. Have had a heart or lung transplant
8. Have hepatitis B or C
9. Have had sex with someone who has had sex with someone who:
   - Has used illegal drugs with a needle
   - Ever had a positive test for HIV (AIDS virus)
   - Had sex for money or drugs
   - Is a man who had sex with another man in the past 12 months
   - Is a woman who has had sex with someone who:
     - Has used illegal drugs with a needle
     - Ever had a positive test for HIV (AIDS virus)
     - Had sex for money or drugs
   - Is a man who has had sex with another man

**Notes:**

- Most people with diabetes, and most people on medications other than those noted above, are eligible to donate blood. For specific medical eligibility guidelines, call us at 1.800.688.0900.
- People who have been in certain countries outside the United States may be deferred depending on the country and the length of time spent there.
- The reasons for not being eligible to donate blood may have changed after this brochure was printed.
- Most donors tolerate giving blood well, but on occasion reactions and complications may occur. Please read the information provided in this brochure to help you have the best donation experience.

An Urgent Request:

Please do not give blood just to find out your HIV (AIDS virus) test results. If you need information on where to go for confidential HIV testing, please call your local health department.
Your blood donation will save someone’s life.

What kind of blood donations can I make and how long will it take?
There are two types of donations you can make or your blood drive.

• Whole blood

Whole blood donations are divided into red cells, platelets, and plasma. Your blood is separated into the plasma and red cells. After donating, your volume is replaced in 24 hours. Red blood cells are replaced completely every four weeks. Blood is then donated every 2-8 days.

• Red cells

Blood is donated which includes red cells, platelets, and plasma. Plasma is separated into components, such as white cells, red cells, platelets, and plasma. Plasma is separated into components, such as white cells, red cells, platelets, and plasma. Your plasma will be used for research studies.

What happens to the donation:

You receive a blood donation card which allows you to: donate blood or donate blood using automated technology.

Your appointment card will be completed for you.

What happens afterward?

You will receive a blood donation card which allows you to: donate blood or donate blood using automated technology.

Your appointment card will be completed for you.

How long will it take and what happens after a donation?

Plan to spend about an hour on the blood drive. After any type of donation, your blood is screened and cross-matched to ensure that it is safe to administer to patients. You will then use our touch screen device to provide more information, Better Education. Visit our website for more information, Better Education. Visit our website for more information.

Do I need to fast before donating?

Yes, you must fast before donating.

There are no substitute for human blood and red blood cells are replenished, about 42 days. Your donation will likely reach a patient within days once our staff has had the ability to help maintain community blood supply.

When will I receive my blood donation card?

Your blood donation card will be completed for you.

What happens to my blood after a donation?

Your blood will be separated into components, such as white cells, red cells, platelets, and plasma. Plasma is separated into components, such as white cells, red cells, platelets, and plasma. Your plasma will be used for research studies.

If your child responds to the optional question regarding racial or ethnic background, your child will be notified.

What happens if I become eligible to donate?

If your child is not eligible to donate, your child will be notified.

What happens to the donation:

Your blood donation card will be completed for you.

How often can I give blood?

You can give whole blood every 45 days.

Your blood donation card will be completed for you.

When will I receive my blood donation card?

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